

# PRIVACY POLICY

Owatonna Natural Health Clinic is committed to protecting your privacy. This Privacy Policy describes how we collect, use, disclose, and protect your information when you visit our website, [www.drjodisampson.com](http://www.drjodisampson.com), or interact with us in any other manner.

## 1. Information We Collect

- We may collect the following types of information from you:
  - **Personal Information:** When you contact us through our Website, phone, or email, we may collect personal information that you provide, including your full name, phone number, email address, and mailing address.
  - **Automatically Collected Information:** When you visit our Website, we may automatically collect certain information about your device and usage, including IP address, browser type, operating system, referring URLs, and pages viewed.

## 2. How We Use Your Information

- We use the information we collect for the following purposes:
  - **To Communicate with You:** We use your contact information to respond to your inquiries, provide legal services, send administrative information, and keep you informed about your case or our services.
  - **Legal Compliance:** We may use your information to comply with applicable laws, regulations, or legal obligations, including responding to subpoenas, court orders, or legal requests.

## 3. Information Sharing and Disclosure

- **SMS consent and phone numbers are not shared with any third parties/affiliates for marketing purposes. No mobile opt-in data is shared.**

- We do not sell or rent your personal information to third parties. We do not sell, rent, release, or transfer your SMS consent or phone number to any third party for any third party marketing purposes. We may share your information in the following circumstances:

- **Service Providers:** We may share your information with our service providers who perform services on our behalf, such as marketing, customer services, or technical support. These service providers are contractually obligated to protect your information and use it only for services they provide.

- **Legal Requirements:** We may disclose your information if required by law, regulation, or legal process, or if we believe disclosure is necessary to protect our rights, property, or the safety of our users or others.

#### **4. Data Security**

- We implement reasonable security measures to protect your personal information from unauthorized access, use, disclosure, alteration, or destruction. However, no method of transmission over the internet or electronic storage is completely secure, and we cannot guarantee absolute security.

#### **5. Your Rights and Choices**

- **Access and Update Information:** You have the right to access, update, or correct your personal information. To do so, please contact us using the information provided below.

#### **6. Third-Party Websites**

- Our Website may contain links to third-party websites. We are not responsible for the privacy practices or content of these third-party sites. We encourage you to review the privacy policies of any third-party websites you Visit.

#### **7. Children's Privacy**

- Our website is not intended for children under the age of 13. We do not

knowingly collect personal information from children under 13. If we become aware that we have inadvertently collected personal information from a child under 13, we will take steps to delete such information.

## **8. Changes to This Privacy Policy**

- We may update this Privacy Policy from time to time. Any changes will be posted on this page with an updated “Last Updated” date. We encourage you to review this Privacy Policy periodically for any updates.

## **9. Contact Us**

- If you have any questions or concerns about this Privacy Policy or our privacy practices, please contact us at:

*Owatonna Natural Health Clinic 507-401-2772*

*202 W Bridge Street*

*Suite #306*

*Owatonna, MN 55060*

## ***SMS Terms of Service***

**By opting into SMS from a web form or other medium, you are agreeing to receive SMS messages from [Owatonna Natural Health Clinic](#). This includes SMS messages for appointment reminders, updates and service-related matters. Message frequency varies. Message and data rates may apply. Reply STOP to any message to opt out. Reply HELP for assistance or contact us at [507-401-2772, [info@drjodisampson.com](mailto:info@drjodisampson.com)**

**See privacy policy and Terms at [<https://drjodisampson.com/wp-content/uploads/2026/02/privacy-policy.pdf>].**